



## **Post-operative Instructions Temporary crowns & bridges**

You have just received a temporary crown/bridge. This is meant only to serve your needs while a permanent is being made for you.

### **Things you need to know about your temporary crown/bridge:**

- Allow 30 minutes after leaving the office before chewing anything, as cement needs time to dry.
- Please refrain from chewing sticky or hard foods as your temporary crown and/or bridge are “temporary” and not meant to withstand excessive force or pressure.
- If your temporary crown comes off, contact the office. If we are not immediately available you may also go to a drugstore and buy Fixodent or comparable dental cement. This will allow you to replace the crown/bridge yourself to get through a weekend or until you can be seen in the office.
- If the temporary comes off, do not leave it out of your mouth for more than a day or two as it may cause shifting of adjacent teeth, causing your permanent crown or bridge to be misaligned.
- Do not floss around your temporary bridge or crown if possible. If you need to floss, pull the floss through, not upward. Brush this area carefully.
- For the next three days, rinse with warm salt water. Use a half cup of water to half teaspoon of salt.
- If your gum tissue is sensitive, take Motrin or Tylenol as needed.